

NAVAL MEDICAL CENTER SAN DIEGO

# BALBOA LIBERTY

# SEPT 2025

REGISTRATION REQUIRED FOR ALL EVENTS. FULL EVENT LISTING AVAILABLE ONLINE [HTTP://NAVYLIFESW.COM/NMCSDLIBERTY](http://NAVYLIFESW.COM/NMCSDLIBERTY)  
RECREATION CENTER AT NMCS | BLDG. 26, FLOOR 1B | 619-532-8909 | FOLLOW US ON INSTAGRAM @nbsd\_mwrliberty



## PING PONG TOURNAMENT

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**TUESDAY, SEPTEMBER 9**  
**11 AM - 12:30 PM | FREE**

Think you've got game? Put your reflexes and focus to the test! Challenge fellow service members—and try to take down an MWR staffer! 1st place wins a prize and bragging rights. All skill levels welcome!



## ARCHERY TAG WITH INFLATABLE RANGE

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**FRIDAY, SEPTEMBER 19 | 4 PM | FREE**

Ready for adrenaline pumping action? Join us for us fun and safe way to test your skills. Experience the thrill of archery tag with foam-tipped arrows and inflatable barriers – perfect for beginners and experienced archers alike.



## LEGOLAND LIBERTY TRIP

### MOVIE MATINEE WITH POPCORN

**SATURDAY, SEPTEMBER 20**  
**11 AM - 1 PM | FREE**  
**LIBERTY CENTER | BLDG. 26, FLOOR 1B**

Take a break and relax as you enjoy a movie matinee with us at the Liberty center complete with some fresh, buttery popcorn! This is your ticket to a feel-good afternoon enjoying the latest Navy Motion Picture on the big screen.

### LEGOLAND LIBERTY TRIP

**SATURDAY, SEPTEMBER 27 | 10 AM**  
**TICKET: \$72.75**  
**TRANSPORTATION: FREE**

Looking for a fun escape? Come with us to LEGOLAND California for a day full of rides, attractions, and incredible Lego creations! This trip is open to young military enlisted personnel looking to relax, explore, and "build" your next adventure. Spots are limited. Sign up today!

## RECURRING EVENTS

### PAWSITIVE TEAMS

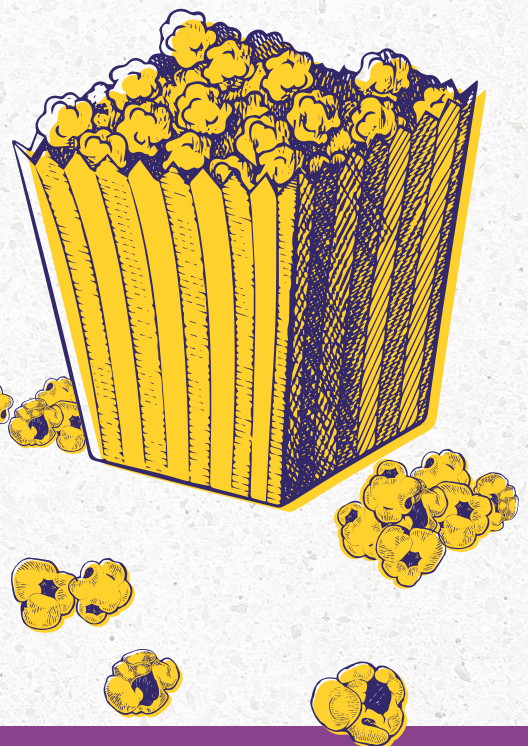
**DATES: SEPTEMBER 3, 10, 17**  
**10 AM - 1 PM | FREE**

We are honored to invite you to participate in a special Therapy Dog Training Program designed specifically for military personnel. This unique initiative offers a meaningful opportunity to engage in the rewarding experience of training certified therapy dogs, helping to bring comfort and support to veterans, active service members, and the wider community.

### LOVE ON A LEASH

**TUESDAY, SEPTEMBER 9 | 11 AM | FREE**

Come get your pawsitive time with some therapy dogs. The great team of Love on a Leash brings volunteers to bring their well-trained dogs inside the Liberty Center for you to pet and interact with.



**HOURS OF OPERATION:** MONDAY-FRIDAY: 8 AM-1 PM (ALL HANDS) | MONDAY-FRIDAY: 1-7 PM (JUNIOR ENLISTED AND GUEST 18+)  
WEEKENDS AND HOLIDAYS: 10 AM-6 PM (JUNIOR ENLISTED AND GUEST 18+)

Liberty Centers and trips are open to single enlisted Sailors, unaccompanied Service Members and one accompanied guest, 18 years+. In order to proceed, trips must have at least 6 patrons signed up and paid. All events are subject to change or cancellation. All prices quoted are for active duty only, unless otherwise noted. Call for guest prices. Please visit the Balboa Recreation Center to Register for events. The Department of the Navy does not endorse any company, sponsor, or their products or services.