



UNACCOMPANIED HOUSING

WELCOME ABOARD HANDBOOK



NAVAL BASE SAN DIEGO



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STAY SAFE AND INFORMED!



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PLEASE . . .
do not remove from room.



To Our Resident,

Welcome to Naval Base San Diego (NBSD)! NBSD is home to over 57 Navy ships and 214 tenant commands with over 50,000 military and civilian employees coming aboard daily. Since 1922, the base has grown to include four parcels of land – NBSD proper, the downtown Broadway Complex, Naval Medical Center San Diego (NMRTC) Complex, and the Murphy Canyon Recreation Center. Our mission is to deliver the highest standard of support and quality of life services for the Fleet, Fighter, and Family.

I encourage you to take advantage of the outstanding Morale, Welfare and Recreation (MWR) and other quality of life programs available at NBSD. If you have special interests, chances are those interests may be accommodated either on this base or within a short distance either by car or using San Diego's excellent public transit system of trolleys and buses.

I welcome any suggestions or comments you have for improving our facilities or our programs. You may address your comments any time through your chain of command or the Unaccompanied Housing staff.

This is your new home. Please take pride in it and respect the rights of other residents to a private, restful, safe, and healthy environment. Your cooperation in maintaining your quarters and their present high standards is greatly appreciated. I hope you enjoy your time here at NBSD. "Welcome Aboard!"

Commanding Officer
Naval Base San Diego

To Our Resident,

Welcome to Unaccompanied Housing at Naval Base San Diego! We take great pride in making your time with us a pleasurable experience. We are available 24 hours a day for your convenience.

As a valued resident, your feedback on the services is greatly appreciated.

We encourage your suggestions and comments in order to improve our facilities and services. If you have any questions or suggestions, please call me at 619-556-1189.

Enjoy your time with us.

Unaccompanied Housing Director



CHECK-IN/CHECKOUT *procedures*



■ CHECK-IN

NBSD

Regelin Hall, Bldg. 3663
1st Floor, Front Desk
Daily 24/7
619-556-1077

NBSD does not house geo-bachelors.

NMRTC COMPLEX

Bldg. 26, 2nd Floor
Quarterdeck
Daily 24/7
619-532-6282

The condition and inventory of room items are the responsibility of the resident(s) and are monitored by the building manager. Front Desk provides the inspection form upon check-in. If check-in is after normal working hours, on a weekend, or on a holiday when the building manager is unavailable, the resident will report to the building manager on the next business day for inspection and indoctrination. The resident must complete a thorough inspection of the room with the building manager within 72 hours from check-in in order to document any damages or discrepancies, no matter how minor.

■ MANDATORY NEW RESIDENT ORIENTATION

Residents shall attend the New Resident Orientation within 30 days (CNIC NOTE 1500) from check-in date. Residents must call the Front Desk at 619-556-1077 or visit Regelin Hall Front Desk to sign up for orientation. NMRTC orientation is scheduled on Thursdays at Bldg. 26.

■ CHECKOUT

Residents must provide a 90-day notice if vacating more than 30 days or permanently checking out. Checkout requires the inspection and accountability of all items in the room. Residents will be held liable for any loss or damages caused by their negligence or willful misconduct, not normal wear and tear or any pre-existing discrepancies reported during the check-in inspection. Checkout inspections will only be conducted Monday-Friday, 7:30 am-3:30 pm. After-hours checkout is limited to residents with proof of flight itinerary that requires departure after normal business hours or on a holiday.

■ TEMPORARY ABSENCE

If taking leave, TAD, or going out to sea for more than a week, a note must be left on your rack stating your departure and expected return dates.

Residents who are on terminal leave will be required to check out of the barracks.

■ FINAL INSPECTION

A final inspection is performed to determine if the discrepancies identified during the checkout process were corrected prior to vacating government quarters.

ABSENCE / CHANGE IN STATUS

Residents shall notify UH staff of any **anticipated absence** (i.e. leave, TAD, underway, deployment, etc.) or **changes in status** (i.e. receipt of per diem, advancement, marriage, PCS, etc.). Residents who are away for more than 120 days or receiving BAH must properly checkout. Residents must be present for checkout inspection to validate the condition of the room and the inventory of furnishing.



AMENITIES

Services Provided

ABANDONED PROPERTY

All items left behind will be stored for 45 days.

Staff will attempt to notify the resident when they are away from their assigned unit, on leave without prior notification to building manager, or travel for more than a two-week period.

When items are suspected to be abandoned, staff will contact the command or workplace. If the member has vacated the room without notice, inventory of items will be conducted using two-person integrity.

After 45 days, the items will be sent to the base thrift shop for resale.

BIKE POLICY:

Any bike that is unattended for a long duration per NAVBASESANDIEGOINST 5450.8V and is no longer operational will be identified as abandoned. When a diligent effort to find the owner is unsuccessful, the abandoned bike may be donated to charity or sent to the NBSD recycling center.

- **Linens** - UH will issue one set of linens to new check-ins unless the resident prefers to use their own. Residents are responsible for the regular washing of issued linens. Linens may be replaced based on excessive wear and tear or when unserviceable.
- **Vacuum/Carpet Cleaners NBSD Complex:** Each room or lounge is furnished with one vacuum cleaner for residents' use. For carpet cleaning and stain removal, residents may checkout a carpet steam cleaner at the Front Desk during normal working hours. **NMCRTC Complex:** Residents may checkout both vacuum and carpet cleaner at the Front Desk during normal working hours.
- **Irons and Ironing Board** - Most rooms are equipped with irons and ironing boards. Residents may checkout both items at the Front Desk during normal working hours.
- **Consumables** - Toilet paper and trash liners may be issued to new check-ins. Residents are responsible for restocking their own supplies.
- **Bulletin Boards** - To post items on unofficial bulletin board, see the building manager or Front Desk. Unauthorized postings will be removed.

CONTROLLED SUBSTANCES

The possession of controlled substances (e.g. paraphernalia, syringes, pipes, CBD, etc.) other than prescribed by competent medical authority is prohibited.



INSPECTIONS:

Command authorities, building managers, resident advisors, and/or other authorized staff may conduct room inspections at any time. Residents are expected to comply with the minimum daily living standards established in the UH Rules and Regulations (see p. 6).

For afloat sailors, receipt of 3 room failures will result in loss of barrack's privileges. SVM may reapply after a period of six months. For shore-based sailors, residents will be able to maintain residency, command will be notified. Additionally, PPV referrals will be pulled.

FIRE SAFETY AND COOKING:

For Fire Safety and Cooking Please see Page 17.

Charcoal grills are available throughout UH buildings. Users shall provide their own charcoal and are responsible for discarding hot coals in designated containers.

Users shall clean after each use to prevent pest infestation and to maintain sanitary conditions. Failure to comply may lead to termination of facility access privileges.

LOUNGE USE:

The Sky Terrace and Sky Lounge are open to Regelin Hall residents Sunday-Thursday 8 am-10 pm and Friday-Saturday 8 am-Midnight. Users are responsible for cleaning and emptying the trash after use. Alcohol consumption and smoking are prohibited.

ENTRY:

NBSD residents must enter and exit UH buildings through the Quarter Deck, if available. UH staff will identify residents. UH staff have the authority to randomly check military IDs at any time.

through color-coded key cards. Use of emergency doors for entry is strictly prohibited. Entry of delivery service (i.e. food) is limited to the lobby.

NMRTC Complex residents enter through the automatic doors on the first floor. Quarterdecks are manned 24/7.

ROOM CHANGE:

Room changes will not be allowed without proper permission from the building manager.

ANIMALS:

Military working dogs are the only animals permitted in the barracks.

PERSONAL SECURITY:

Lockers must be secured when residents leave the room. An unlocked locker is considered a major discrepancy, and may result in automatic failure on a room inspection. Consistently having an unlock lockers may result in automatic failure. Claims against the government for loss of personal items or valuables resulting from an unlocked locker will not be approved. All valuables must be secured at all times. UH is not responsible for personal items left unattended. UH staff cannot hold any personal property.

RESPECTING NEIGHBORS:

Residents work, rest, or study at different hours of the day and night. Noise level should be kept to a minimum. TV/music is deemed too loud when heard outside the room. Residents' privacy precedes the privilege of having guests in shared unit/room (see p. 8).

VEHICLES AND BICYCLES:

Residents must register and obtain a UH sticker for their bicycles, if any, at the Front Desk. Bicycles shall NOT be stored in units/rooms. Any non-operational bicycles deemed abandoned will be disposed based on NBSD's Abandoned Property policy. Unauthorized parking of vehicles around the MWR bowling alley area and parking garage may result in towing of the vehicle at the owner's expense.

NOTE: UH dry side residents are not authorized to drive personal vehicles or motorcycles through wet side gates 4-9 am, Monday-Friday.

WEAPONS:

All weapons must be registered with NBSD Security and are prohibited in UH buildings. This includes all firearms, air guns, BB guns, bow and arrows, knives, ammunition, or any other items defined by Security. Replica weapons are also prohibited.

KEY CONTROL:

Residents shall not give their keys to anyone.

DAY SLEEPER:

To register, see the building manager. Inspections may be conducted after 2 pm for rooms with day sleepers. Emergencies require entry at any time.

ENERGY CONSERVATION POLICY AND RECYCLING:

Please see the building manager assigned to your building.

RENTER'S INSURANCE:

Residents are encouraged to obtain insurance coverage for personal valuables. UH does not endorse any insurance providers. U.S. Government is not liable for stolen or damaged valuables in the room.

References:

CNIC M-11103.2 UH Operations Manual
NAVBASESANDIEGOINST 11103.11
NAVBASESANDIEGOINST 5450.8V



INSPECTION RESPONSIBILITIES *Expectations*

IF YOU MAINTAIN AND PERFORM ALL THE DUTIES LISTED BELOW, YOU WILL GET AN OUTSTANDING EVERY TIME

▶ ROOM

- Room should be inspection-ready every day.
- Carpets are to be vacuumed at least twice a week.
- Trash is to be taken out daily.
- Bed must be made and personal gear properly stowed daily.
- Dust window sills, ceiling fans, blinds, and furniture.
- Closets/lockers shall be locked when the room is vacant.
No pictures or posters will be put up on walls. Display of political, pornographic, sexually explicit, discriminatory, or offensive material is prohibited.
- Unassigned beds and closets/lockers must be kept ready for incoming personnel. Residents in shared rooms may not use unassigned beds.
- Removal of furniture from rooms or lounges is strictly prohibited. Furniture must remain in their original set locations. Do not alter manufacturer's construction design.
- Closets/lockers should be locked when resident is away from the room.

▶ LOUNGE

- All residents are equally responsible for the cleanliness of the lounge.
- Furniture must be free from dust and stains, and must remain in their original set locations.
- Floor needs to be mopped/vacuumed regularly, or as needed.
- Remove any personal clutter and dispose of any trash after each use.
- Any lounge hits or failure falls on all residents.

▶ BATHROOM

- Clean the deck in the head as needed.
- Shower stalls need to be scrubbed down regularly to prevent mildew and scum buildup.
- Shower vent is to be wiped down.
- Sinks must have a stopper. If missing, put in a trouble call/resident request card.
- Sink and mirrors should be kept clean daily.
- Toilet bowl needs to be cleaned as needed.
- All users are responsible for the head. "Unsat" hits or failures falls on all.


▶ KITCHEN

- Clean kitchen daily, including washing and stowing dishes and cookware.
- Keep counters clean and free of clutter.
- Store or dispose of food and condiments properly.
- No open food containers should be left out.
- Remove food debris and stains from the interior and exterior of microwave and convection ovens.
- Refrigerators shall be cleaned weekly, including removal and disposal of spoiled food. Defrost your freezer once a week, if needed, to prevent ice buildup.
- See authorized list of cooking appliances on Page 17

▶ LAUNDRY

- Washers and dryers shall be wiped clean, and lint trap emptied after each use.
- Remove washed or dried clothes immediately when the cycle is complete.
- Cleanliness of the laundry room is the responsibility of all users.
- Air out washer after each use to prevent mildew buildup and odor.
- UH is not responsible for any unattended laundry



 **Wounded Warrior room inspection responsibilities are outlined in the information guide in each Wounded Warrior room.**

TO SIGN UP, CALL 858-836-7351



Cox is NBSD's provider for high-speed Internet and HD TV. Watch TV, search the Internet, play games, stream music!



ALCOHOL *Policy*



Personnel under 21 years of age may not consume or possess alcoholic beverages. Residents 21 years and over are permitted to consume alcohol in moderation in their room and in designated areas where noted.

Residents over 21 sharing a room with resident(s) under 21 years of age, must keep alcohol locked up and not in accessible areas (i.e. cabinets, refrigerator, freezer).

Amounts of alcoholic beverages kept in rooms must not exceed the following:

- 1 bottle (750 ml max) of liquor per resident
- 1 bottle (750 ml max) of wine per resident
- One 6-pack of beer per resident

PROHIBITION OF UNDERAGE DRINKING ON NAVY REGION SOUTHWEST MILITARY INSTALLATIONS

Use of alcoholic beverages on military installations must be consistent with the overriding need for military readiness, discipline, and community safety.

Holding underage drinkers and those who enable underage drinking accountable helps generate opportunities for intervention and treatment, while ensuring good order and discipline.

Alcohol consumption is prohibited at all times in Regelin Hall's Sky Lounge and Sky Terrace. Alcohol is to be used only in resident's room and designated patios.

No open alcoholic beverages when passing through the quarterdeck/Front Desk area. Kegs/party balls of beer and jugs or more than half a gallon of liquor are not allowed in the building or surrounding areas.

Drunkenness will not be tolerated and disciplinary action will be taken.

Failure to obey and act in a controlled and civilized manner, may lead to notification of NBSD Security and ultimately your command.

SMOKING *Policy*

Smoking of ALL nicotine products is prohibited in UH buildings, including e-cigarettes, vapes, and smokeless tobacco. Designated smoking areas are located outside UH buildings. All smoking must be done outside and at least 50 FEET AWAY from all building entrances, per government regulation. Residents shall properly dispose of used cigarettes; please do NOT litter.

Any drugs, including medical marijuana, prohibited by the DEA will remain illegal despite their legalization in some States for personal, recreational, or medical use. There is zero tolerance in the Armed Forces.

DESIGNATED SMOKING AREAS

NBSD
SNYDER HALL
Pavilions in Snyder Park

NMRTC
BUILDING 26 & 41
Smoke deck north of parking garage.

REGELIN, RAMBUR & ANGELLEY HALL
Patio on west side of basketball court



VISITORS Policy



Visitors are defined as persons not assigned to the building/room who are accompanying a resident of the building/room. Residents may have **one** visitor, provided that the visitor does not interfere with good order or discipline, and does not inconvenience other occupants.

THE FOLLOWING RULES APPLY:

Visitors are permitted only during the following hours:

Sunday-Thursday: 8 am-11 pm Friday-Saturday: 8 am-Midnight

Resident will sign the guest through the logbook with a picture ID.

Visitors are not allowed to sleep in the rooms at any time.

Consideration should be given to the rights and privacy of others. Residents in shared rooms are encouraged to visit with their guest in common area lounges.

Visitors must be accompanied at all times by the resident, and the resident is responsible for all actions of the visitor, including any damages caused by their visitor.

Unrelated visitors less than 18 years of age are prohibited in UH units/rooms.

Sharing key card is a visitor violation.

Residents of other UH buildings will be considered and treated as visitors when entering a UH building other than their assigned building.

No overnight guests, no exceptions.

If there are any complaints regarding your guest made by your roommate or any resident, your guest must leave UH.

Residents are responsible for the behavior and conduct of their visitors.

During visiting hours, guests and residents must be fully clothed and in appropriate civilian or military attire, including footwear.

Co-Habitation is prohibited. Residents are only authorized to live in their assigned space. Members of the opposite sex will not be assigned in the same unit/room.

Visitor violation first offence will result in losing barracks privileges.

TROUBLE CALLS / REPORTING DISCREPANCIES

All non emergency trouble calls must be reported using the QR code located on the backside of your door.

ELECTRICAL EQUIPMENT/ ITEMS:

Storage or use of commercial equipment, such as server farm, is prohibited in units/rooms. Residents shall NOT run extension cords across a walkway where they can be a tripping hazard; or under rugs where they could become a fire hazard.

HEATING, VENTILATION & AIR CONDITIONING:

To minimize energy consumption and maximize comfort, residents shall keep windows closed and clean vents to maximize air flow.

MOLD:

Residents are responsible for routine cleaning to prevent growth of mold or mildew in room, bathroom, and kitchen fixtures. Moisture control is the key to mold prevention; act promptly to clean spills or report leaks. Residents shall report any suspected mold to a building manager.

SMOKE DETECTORS:

Tampering with smoke detectors is prohibited. Tampering with any smoke detector device pertaining to the building fire alarm/emergency notification system is punishable under UCMJ articles 92 and 108.

BED BUGS:

Residents shall notify UH staff upon suspicion of bed bug presence or symptoms of bed bug bites. Residents shall NOT apply pesticides or remove mattress/furniture out of the room. Residents shall follow proper cleaning and transfer procedures to prevent the spread of bed bugs. Procedure pamphlets available at the Front Desk.

ELEVATORS:

Eating, drinking, and smoking are prohibited inside the elevators. In case of malfunction, press the alarm button to alert the Front Desk. Use the stairs in case of fire, earthquake, or other emergency.



WINDOWS & LEDGES:

Removal or loosening of window screens is prohibited. Windows shall not be covered with cardboard, foil, or similar material. Personal items shall not be placed on exterior window ledges. Exterior and window mounted antennas are prohibited.

VENDING MACHINES:

Vending machines are available in UH buildings, typically located on the ground floor. The sale of alcohol in UH buildings is prohibited.

HAZARDOUS MATERIALS, COMBUSTIBLES & PROHIBITED ITEMS:

Combustible fluids or gases, fireworks, and all hazardous materials are prohibited in the UH buildings. Work-issued gear such as diving tanks may be stored in UH buildings when set to no higher than the maximum allowable pressure of 14 psi. Prohibited items include plants, portable A/C units or heaters, etc. this is not an exhaustive list. Other items will be left to the discretion of the UH Director.

APPROPRIATE ATTIRE:

Residents shall wear appropriate clothing in and around UH buildings.



LOCKED OUT?

Key is set to expire on a certain date; be sure to renew it before its expiration. NBSD residents may renew their keys at Regelin Hall Front Desk. NMRTC residents will have their keys renewed at Bldg. 26 Quarterdeck.

If your key does not work, see the building manager and/or front desk.

Resident shall provide proper identification at all times to verify residency.

AFTER HOURS, REPORT TO 24/7 FRONT DESK/QUARTERDECK REGELIN HALL (NBSD DRY SIDE) BUILDING 26 (NMRTC)

EMERGENCY *Procedures*

Accidents and injuries shall be reported immediately to UH Staff, who will then call the duty UH office, no matter how small they may seem.

If the accident is serious enough to warrant emergency response, dial 911 for assistance and then report it to UH Staff office immediately. During working hours, inform building managers or a UH staff member on duty.

EMERGENCY *Information*

★ DIAL 911

IN CASE OF FIRE

- Activate the nearest fire alarm.
- Notify the Front Desk Clerk and the Fire Department.
- Close all windows and doors.
- Turn off electrical equipment.
- Do not endanger yourself.
- Get out of the building quickly.
- Do not use the elevator.
- Proceed to the nearest parking lot.

EARTHQUAKE SAFETY

- Be prepared for aftershocks.
- Take cover under tables or desks.
- Stay clear of windows and vending machines.
- Do not use the elevator.
- Stay inside to avoid injury.
- If outside, get into an open area.
- Do not use the telephone.
- Do not smoke or use electrical appliances.
- Check for injuries. Do not move seriously injured personnel. Apply first aid.
- If trapped, remain calm. Help will arrive as soon as possible.

BE PREPARED

Stairs are located at the end of every hallway on every floor of most buildings. Take the time to locate the stairwell nearest you. Emergency exits and muster locations are posted near each building's exit doors, common areas, lobby, and/or stairwells. In case of emergency, DO NOT take the elevators.

NMRTC - Rescue assistance is located on each floor of Building 26. They are located in the lounge at the north end and south end of the building, as well as the east elevator lounge. A Stair Chair is located in the west elevator lounge.

NEVER IGNORE WHEN AN ALARM SOUNDS!



FREQUENTLY CALLED *Phone Numbers*

All numbers are within (619) area code

EMERGENCY NUMBERS

- Medical Emergency 911
- Fire/Ambulance 556-1019/7001
- Security 556-5555
- Emergency Operations Center 556-7615
- Suicide Prevention Lifeline. 800-273-8255
- DoD Safe Helpline. 877-995-5247
- SAPR Response Hotline 279-2904
- Command Duty Officer 247-8897

OTHER PHONE NUMBERS

- Base Operator 556-1011
- Bowling Alley 556-7486
- Fleet & Family Support Center 866-923-6478
- Galley (Mercer Hall). 556-7039
- Occupational Safety & Health 556-5546
- Navy Exchange. 544-2259
- Ships Information 556-3120
- Theater 556-5568
- Ticket Office. 556-2180

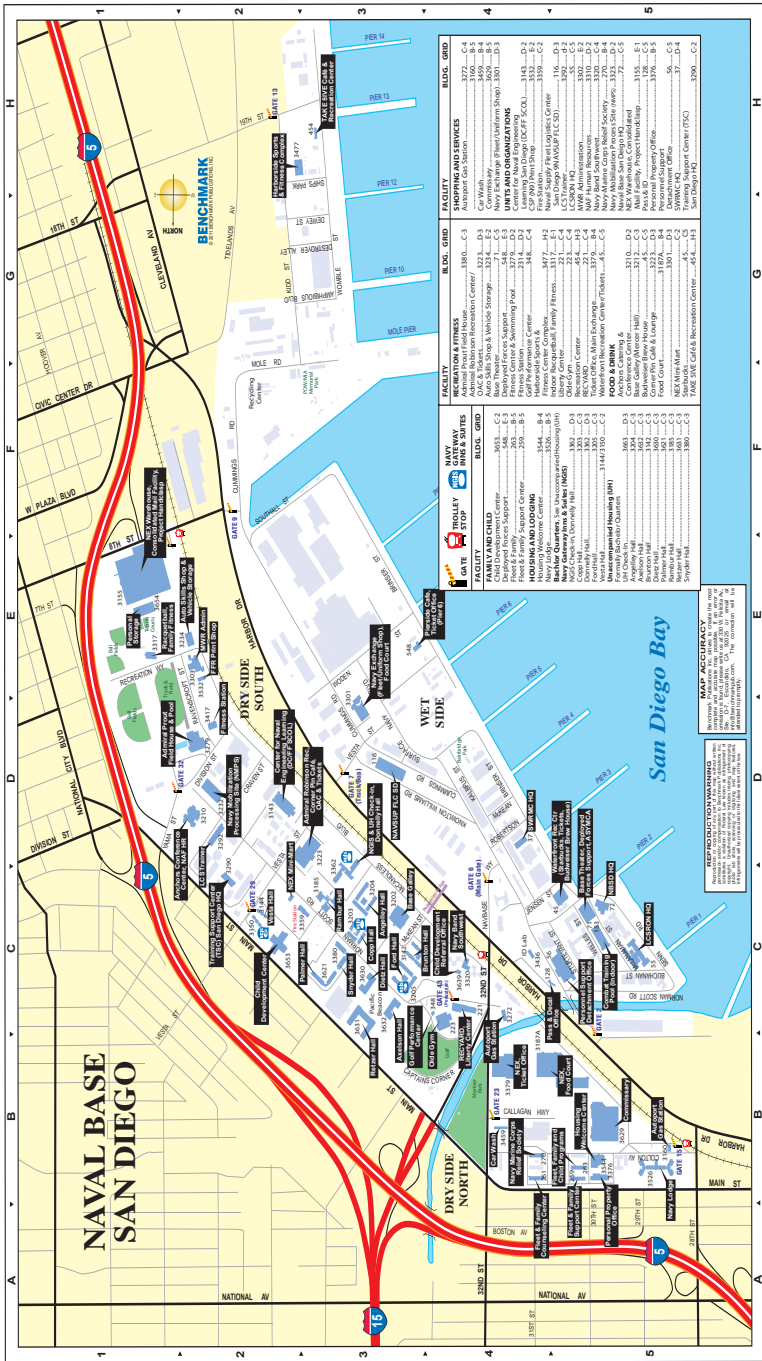
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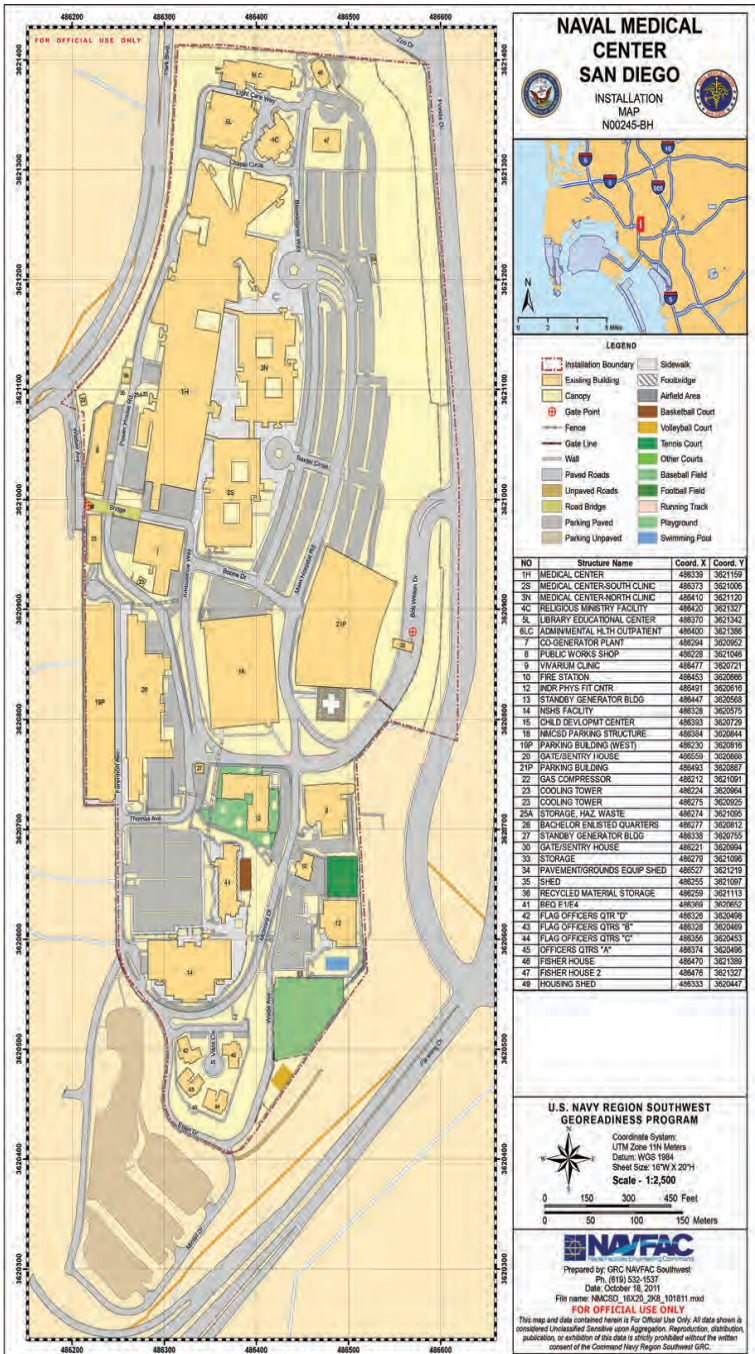
- UH Director 556-1189
- NBSD Complex Manager 556-9734
- Central Assignment 556-1077
- NMRTC Complex Manager 532-6282
- NMRTC Bldg. 26 532-5728
- NMRTC Bldg. 41. 532-6269
- Regelin Hall 556-1077
- Snyder Hall 556-6437
- NMRTC BLDG 26 532-6282





9/17KS







What the Resident Bill of Rights and Responsibilities Means for You

The Navy is committed to ensuring that you are knowledgeable of your rights and responsibilities regarding quality housing and fair treatment while residing in government controlled Unaccompanied Housing (UH).

This bill of rights and responsibilities (BOR&R) outlines what expectations and responsibilities you have while residing in UH. This is your new home. You are entrusted with ensuring cleanliness standards are maintained, as well as identifying and reporting material deficiencies. The housing staff is committed to ensuring the standards of UH are fully met.



Resident Bill of Rights & Responsibilities

The Resident Rights for government-controlled Unaccompanied Housing (UH) are as follows:

1. The right to reside in a community that is safe, secure, and meets applicable health and environmental standards, with well-maintained common areas, and amenities.
2. The right to reside in a housing unit that has working fixtures, appliances, and utilities.
3. The right to verify the condition and cleanliness of the assigned room, shared space (if applicable), and the furnishings provided during check-in and check-out inspections.
4. The right to clearly defined regulations regarding occupancy of UH and use of common areas and amenities.
5. The right to report inadequate housing standards or deficits in habitability of the housing unit to the UH staff, housing management office, and the chain of command without fear of:
 - reprisal or retaliation;
 - decreased services, or increased obligations as a Resident;
 - interference with right to privacy or harassment as a Resident;
 - refusal to honor the terms of occupancy;
 - interference with the career of a Resident.

Resident Responsibilities for government-controlled Unaccompanied Housing (UH) are as follows:

1. The responsibility to take pride and ownership of your assigned quarters, common areas, and amenities, and to comply with UH Rules and Regulations.
2. The responsibility to maintain Daily Living Standards in accordance with the Welcome Aboard Handbook.
3. The responsibility to allow access to your room and shared space for inspections, necessary maintenance, and repairs.
4. The responsibility to report any issues in the housing unit to the UH staff for corrective actions in a timely manner.
5. The responsibility to provide a minimum of 30 days notification prior to move-out and correct any discrepancies identified during the pre-termination inspection prior to the final checkout inspection.

Atten: All UH Residents,

MAIL SERVICE AVAILABLE AT NBSD UNACCOMPANIED HOUSING

Naval Base San Diego and NAVSUP Fleet Logistics Mail Center are improving quality of life for single Sailors residing in Unaccompanied Housing with the implementation of the Intelligent Mail Locker System (IMLS) aka smart lockers, for delivering personal mail and packages.

Starting Wednesday April 10th, we will be opening the IMLS located in Regelin Hall BLDG 3663 Lobby. This system will allow you to receive mail from the US Postal Service.

Below is the address you will be required to use for your assigned building, Regelin 3663 / Snyder 3380 / Rambur 3185 / Angellely 3204:

Your Name	Your Name	You Name
3663 Norman Scott RD	3663 Norman Scott RD	3663 Norman Scott RD
UH BLDG 3663	UH BLDG 3380	UH BLDG 3185
San Diego CA 92136	San Diego CA 92136	San Diego CA 92136

Your Name
3663 Norman Scott RD
UH BLDG 3204
San Diego CA 92136

Once mail is received and processed at NAVSUP Regional Navy Mail Center, you will receive an email notification for package pick up with Locker Bank # and a QR Code. Go to Locker Kiosk and scan QR code. You can also enter code manually by clicking Enter Code and submit.

Note: The email and phone number you provided on your barracks application or at time of check-in is the one you will receive notification on. It is important that you ensure your email & phone numbers are correct and up to date. If you need to update your information, please do so at Regelin Hall Front Desk. Also, please check your spam or junk mail folders incase notification email is sent there. If email was sent to your spam or junk folder, simple mark email as not spam, and all further emails will go to your inbox.

For any locker support, please email flcsd_postalsupport@us.navy.mil

For additional information, please contact your Building Manager or Regelin Hall Front Desk at (619) 556-1077.

UH Management



TO SUBMIT NON-EMERGENCY MAINTENANCE REQUEST

619-532-6282 - NMRTC
619-556-1077 - Dry Side Front Desk

Business Hours 0730-1600 / After Hours 1600-0730



EXPANDED COOKING CAPABILITIES IN UNACCOMPANIED HOUSING



Authorized small cooking appliances are now authorized in resident's room in Snyder Hall and Angelley Hall.

Examples of authorized small appliances for cooking include but not limited to:

Air Fryers

Crock Pot

Electric Egg cooker Electric Kettle

Blender

Pod-type Coffee Maker Rice

Cooker

Toaster



For additional detailed guidance, rules and requirements please see UH Front Desk or Building Manager.



Questions and Answers

Naval Base San Diego is in the advocacy business

COMMANDING OFFICER SUGGESTION BOX

nbsd_co_suggestion@us.navy.mil



Thank you for taking the time to share your ideas!
All inputs are welcome!