

# NAVAL MEDICAL CENTER SAN DIEGO BALBOA COMMUNITY RECREATION CENTER

# MAR 2025

REGISTRATION REQUIRED FOR ALL EVENTS. FULL EVENT LISTING AVAILABLE ONLINE [NAVYLIFESW.COM/NMCSDCR](http://NAVYLIFESW.COM/NMCSDCR)



## ALL THE PLACES YOU'LL GO

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**SATURDAY, MARCH 8 | 10:30 AM | \$8**  
**NMCSDC LIBERTY CENTER | BLDG. 26 FLOOR 1B**

Join us in celebrating Dr. Seuss's birthday with a fun-filled adventure! Let your imagination run wild as we team up with Thing 1 and Thing 2 for an exciting scavenger hunt to discover all the magical wonders of Dr. Seuss. Along the way, we'll uncover the quirky and colorful elements that make his world so special. Plus, put your creativity to the test as we decorate cupcakes in honor of the legendary author.

### NMCSDC COMMUNITY GARDENING

**THURSDAY, MARCH 13 | 1 PM | FREE**  
**NMCSDC LIBERTY CENTER | BLDG. 26 FLOOR 1B**

Celebrate spring! Help our team revamp the memorial garden outside of Bldg. 26. Participants will learn about soil preparation, seedling irrigation, and growing techniques. This event is designed to get your hands dirty while also allowing the community to enjoy the fruits of their labor all year long.

### CARDBOARD REGATTA

**FRIDAY, MARCH 21 | 11 AM**  
**CHECK-IN: 10:30 AM**  
**NMCSDC ATHLETIC CLUB POOL BLDG. 12**

Prepare to make a splash! Take on the ultimate challenge and build a boat made entirely of cardboard and duct tape. Register now through the QR code. Material provided by NMCSDC MWR. Winner will receive a special gift.

### DIY SUSHI

**SATURDAY, MARCH 22 | 11:30 AM | \$15**  
**NMCSDC LIBERTY CENTER | BLDG. 26 FLOOR 1B**  
**MULTIPURPOSE ROOM**

Come learn how to make sushi, a unique and immersive cultural experience for our patrons to enjoy at home. We will have a professional chef walk you through a live sushi rolling demonstration, showcasing traditional techniques and artistry while educating participants on the history and significance of sushi in Japanese cuisine.

### SDFC VS LAFC SOCCER MATCH

**SATURDAY, MARCH 29 | 7:30 PM | \$46**  
**SNAPDRAGON STADIUM, 2101 STADIUM WY, SAN DIEGO, CA 92108**

Get ready for an electrifying showdown as the brand new San Diego FC takes on LAFC in the heart of San Diego! Experience the thrill of the MLS as two powerhouse teams battle it out on the pitch. All ticket holders will be entered into a raffle where six lucky winners will get to be a part of the color guard.

### SAVE THE DATE

### NBSD SPRING FLING

**SATURDAY, APRIL 12 | 9 AM-1 PM | FREE**  
**ADMIRAL PROUT FIELDS**

Family fun in full bloom! Enjoy egg hunts, amusement rides, games, inflatables, petting zoo, face painters, balloon artists, an all-hands car show, and more! Visit [navylifesw.com/springfling](http://navylifesw.com/springfling) for more info.



## DIY SUSHI



## SDFC VS LAFC SOCCER MATCH



Community Recreation Center Naval Medical Center San Diego | Bldg. 26, Floor 1B | 619-532-8909  
To Register for all events: [navylifesw.com/nmcsdcr](http://navylifesw.com/nmcsdcr) | Community Rec Events are open to all Military ID Card Holders.  
Hours of Operation: Monday-Friday: 8 am-1 pm (All Hands) | Monday-Friday: 1-7 pm (Junior Enlisted and Guest 18+)  
Weekends 1-4 pm (All Hands) | Weekends and Holidays: 10 am-6 pm (Junior Enlisted and Guest 18+)  
The Department of the Navy does not officially endorse any company, sponsor, or their products or services.

