

NAVAL MEDICAL CENTER SAN DIEGO
**BALBOA COMMUNITY
 RECREATION CENTER**

MAR 2026

REGISTRATION REQUIRED FOR ALL EVENTS. FULL EVENT LISTING AVAILABLE ONLINE NAVYLIFESW.COM/NMCSDCR



CHERRY BLOSSOM FESTIVAL TRIP

**MAD SCIENTIST
 PARTY**

SATURDAY, MARCH 7 | 11:30 AM -1:30 PM | \$5
 BLDG. 26, FLOOR 1B

Put on your goggles and dive into hands-on experiments, fizzy fun, and out-of-this-world snacks. Kids and grown-ups will get a little messy and take home a surprise goodie bag full of science fun!

**CHERRY BLOSSOM
 FESTIVAL TRIP**

SATURDAY, MARCH 14 | 11 AM-6 PM | \$25
 JAPANESE FRIENDSHIP GARDEN & MUSEUM | 2215
 PAN AMERICAN RD. E., SAN DIEGO, CA 92101

Enjoy a springtime visit to the San Diego Japanese Friendship Garden's Cherry Blossom Festival with Express Line Access. Stroll among stunning blooms, enjoy cultural sights, and skip the wait for a smooth, memorable experience.



CARDBOARD REGATTA

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 REGATTA**

FRIDAY, MARCH 20 | CHECK-IN 10:30 AM, RACE
 STARTS 11 AM | FREE
 BLDG. 26, FLOOR 1B

Build it. Float it. Race it! Teams design their own cardboard boats and test them in the pool. A splashy, playful challenge full of teamwork, laughs, and friendly competition for all ages.



**SWEET LAYERS: FALOODA
 MILKSHAKE WORKSHOP**

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 WORKSHOP**

FRIDAY, MARCH 27 | 4:30 PM -6 PM | \$5
 BLDG. 26, FLOOR 1B

Layer, sip, enjoy! Learn how to make a refreshing falooda milkshake with vermicelli, basil seeds, flavored syrup, and milk. Step-by-step instructions make it easy to recreate this delicious treat at home.

**NBSD MWR'S
 SPRING FLING**

SATURDAY, MARCH 28 | 9 AM-1 PM | FREE
 ADMIRAL PROUT FIELD

Family fun in full bloom! Celebrate spring with the Navy's largest egg hunt, amusement rides, inflatables, a petting zoo, face painters, an All Hands Car Show and more. More info at navylifesw.com/springfling or call 619-556-7444

SAVE THE DATE

**THE NAVY'S 39TH
 ANNUAL BAY BRIDGE
 RUN/WALK**

PRESENTED BY LEIDOS, PORT OF SAN DIEGO, & NEX
 SUNDAY, MAY 17 | 8 AM

Sign up today for the Navy's Marquee Run 4M/10K. Choose your challenge! Details and Early Bird Registration available at NavyBayBridgeRun.com.



Community Recreation Center Naval Medical Center San Diego | Bldg. 26, Floor 1B | 619-532-8909
 To Register for all events: navylifesw.com/nmcsdcr | Community Rec Events are open to all Military ID Card Holders.
 Hours of Operation: Monday-Friday: 8 am-1 pm (All Hands) | Monday-Friday: 1-7 pm (Junior Enlisted and Guest 18+)
 Weekends 1-4 pm (All Hands) | Weekends and Holidays: 10 am-6 pm (Junior Enlisted and Guest 18+)
 The Department of the Navy does not officially endorse any company, sponsor, or their products or services.

