

NAVAL MEDICAL CENTER SAN DIEGO

BALBOA LIBERTY

MAY 2026

REGISTRATION REQUIRED FOR ALL EVENTS. FULL EVENT LISTING AVAILABLE ONLINE [HTTP://NAVYLIFESW.COM/NMCSDLIBERTY](http://NAVYLIFESW.COM/NMCSDLIBERTY)
RECREATION CENTER AT NMCS | BLDG. 26, FLOOR 1B | 619-532-8909 | FOLLOW US ON INSTAGRAM @nbsd_mwrliberty



**BUDGET-FRIENDLY MEAL:
FRIED ZUCCHINI CHIPS**

GALACTIC GAMES & MOVIE MARATHON

MONDAY, MAY 4 | ALL DAY | FREE

Celebrate Star Wars Day with your fellow Liberty sailors in true galactic style with a movie marathon and themed trivia throughout the day! Test your knowledge of lightsabers, droids, famous quotes, and hidden details while enjoying snacks, drinks, and good company. Whether you're a lifelong fan or just in it for the memes, this is the perfect low-key way to spend May the 4th.

LIBERTY TRIP: PELLEY'S MINI GOLF

**SATURDAY, MAY 30 | 9 AM | \$16.50,
MILITARY | \$19.50, REGULAR**

Tickets purchased on-site

Enjoy a fun day of mini golf filled with friendly competition and laughs. After the game, stick around for affordable eats nearby. Transportation provided for the first seven patrons to sign up.



DIY DRINK HACKS

WEDNESDAY, MAY 6 | 11 AM | FREE

Recreate your favorite Starbucks drinks at a fraction of the cost. We'll mix up budget-friendly versions of popular favorites like the Pink Drink, Caramel Frap, the Acai Refresher and more using simple grocery store ingredients. Recipes and supplies provided.

RECURRING EVENT

PAWSITIVE TEAMS

MAY 6, 13 & 20 | 10 AM-1 PM | FREE

Make a difference with every paw-shake. This therapy dog training program brings military personnel together to help prepare certified therapy dogs that provide comfort to service members, veterans, and the community. A meaningful way to give back, de-stress, and connect.



**LIBERTY TRIP:
PELLEY'S MINI GOLF**

BUDGET-FRIENDLY MEAL: FRIED ZUCCHINI CHIPS

TUESDAY, MAY 12 | 11 AM | FREE

Learn how to make crispy, air-fried zucchini chips using simple pantry seasonings. Slice, season, then air fry them to golden perfection—a delicious, low-carb snack that beats store-bought chips any day. Recipe and customization tips included.

WOUNDED WARRIOR & MWR COLLAB

**TUESDAY, MAY 26 | 11 AM | FREE
MULTIPURPOSE ROOM**

Connect, unwind, and have some fun. Join Wounded Warrior Foundation and MWR for a monthly social event designed to bring people together—featuring engaging activities, food (while supplies last) and a welcoming community vibe.



**HOURS OF OPERATION: MONDAY-FRIDAY: 8 AM-1 PM (ALL HANDS) | MONDAY-FRIDAY: 1-7 PM (JUNIOR ENLISTED AND GUEST 18+)
WEEKENDS AND HOLIDAYS: 10 AM-6 PM (JUNIOR ENLISTED AND GUEST 18+)**

Liberty Centers and trips are open to single enlisted Sailors, unaccompanied Service Members and one accompanied guest, 18 years+. In order to proceed, trips must have at least 6 patrons signed up and paid. All events are subject to change or cancellation. All prices quoted are for active duty only, unless otherwise noted. Call for guest prices.

Please visit the Balboa Recreation Center to Register for events. The Department of the Navy does not endorse any company, sponsor, or their products or services.