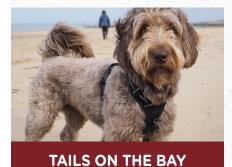


CALIFORNIA ROLLS & MISO SOUP MAKING







STORYTIME, CRAFT & PLAY

WEDNESDAY, SEPTEMBER 3 | 10 AM | FREE SAY SAN DIEGO MILITARY RESOURCE CENTER-3487 SANTO RD.

Join us for a fun-filled morning of wild stories, hands-on crafts and playful adventures at this month's animal-themed storytime! *Please only register children. Adults do not need to register. Ages 6 & under recommended.

STARGAZING

FRIDAY, SEPTEMBER 5 | 7:30 PM | FREE KUMEYAAY LAKE CAMPGROUND

Enjoy breathtaking views of the night sky and learn about constellations as you peer through a telescope. *Cancellations may occur due to rain or cloudy skies.

FALL DOORMAT

TUESDAY, SEPTEMBER 9 | 5:30 PM | \$20
NBSD WATERFRONT RECREATION CENTER, BLDG. 45

Get crafty with us and cozy up your doorstep! Design your own festive doormat to welcome the new season. All supplies included.

SUSHI & SAKE

THURSDAY, SEPTEMBER 11 | 6 PM | \$20 (21+)
NBSD WATERFRONT RECREATION CENTER, BLDG. 45

Roll, sip and savor! Learn a quick and easy recipe that you can do right in your own home with minimal tools. Hassle-free, hands-on, healthy, and a little bit of sake to go with it.

SWIM FUN FOR PARENTS & TOTS

SATURDAY, SEPTEMBER 13 | 12 PM | \$3 PER CHILD NBSD ADMIRAL PROUT POOL, BLDG. 3279A

Make a splash together! This parent-child class is for ages 6 months to 3 years and helps little ones feel comfortable in the water. With songs, guided play, and gentle instruction, you'll build water confidence, safety skills, and have fun together. No experience needed — just bring swimsuits and smiles!

SALSA DANCING NIGHT

SATURDAY, SEPTEMBER 13 | 6 PM | FREE NBSD WATERFRONT RECREATION CENTER, BLDG. 45

Step into the rhythm and let the music move you! We'll kick off the first hour with an engaging class covering a variety of salsa styles—perfect for beginners and seasoned dancers alike. After the class, the dance floor opens so everyone can dance the night away to infectious Latin rhythms. Come solo or bring a partner—just don't forget your dancing shoes!

TRAIL TYKES

SUNDAY, SEPTEMBER 14 | 10 AM | FREE MISSION TRAILS REGIONAL PARK, 1 FATHER JUNIPERO SERRA TRAIL

Calling all little explorers 2-5 years old! Join us for a short walk to discover the tiny wonders of nature, enjoy a lively read-aloud story and dive into a fun activity. Children should wear closed-toe shoes and their grown up must stay with them during the entire event.

CALIFORNIA ROLLS & MISO SOUP MAKING

THURSDAY, SEPTEMBER 18 | 6 PM | \$20 WATERFRONT RECREATION CENTER, BLDG. 45

Learn. Roll. Savor. Join us as we embark on a one-of-a-kind culinary experience that shows you how to eat fun, fit, and fantastic all at once.

TRIP TO HOT WHEELS AT PECHANGA

SATURDAY, SEPTEMBER 20 | 5 PM | \$45 ADULTS, \$35 KIDS 2400 SPORTS ARENA BLVD, SAN DIEGO

Rev up your engines for an afternoon of high-speed fun and larger-than-life cars! Seating is limited at this price so make sure you register asap.

CHESS CLUB MEET UP

THURSDAY, SEPTEMBER 25 | 5 PM | FREE WATERFRONT RECREATION CENTER | BLDG. 45

Strategize, optimize, and categorize your chess play right here in the comfort of your own waterfront. Great food and atmosphere as well as great competition.

TAILS ON THE BAY

SATURDAY, SEPTEMBER 27 | 12:30 PM | \$5 PER DOG MISSION BAY PARK

Join us at Mission Bay for a fun doggy day! We'll be creating paw prints of our furry friends while enjoying coffee and pup cups for everyone. To wrap up, we'll take a relaxing group walk around Mission Bay. Bring your pups and join in the fun!

HIKE BLACKS BEACH

SUNDAY, SEPTEMBER 28 | 10 AM | FREE BLACKS BEACH TRAIL HEAD

Take a journey down to one of San Diego's most iconic beaches and capture the most beautiful sun rays that the Pacific Ocean has to offer.

SAVE THE DATE NBPL FALL FAMILY FESTIVAL

OCTOBER 24-25 | 4-8 PM SUBASE • SMUGGLER'S COVE

Get ready for a weekend packed with family-friendly frights, including the 9th Annual Haunt, a Costume Contest, a Trick-or-Treat Trail, and a spooky Pumpkin Patch Swim. There's even a Costume Run for those feeling extra spirited!





Events open to All ID cardholders & guests. All programs, events, and pricing subject to change. To register for all events, visit navylifesw.com/nbsdcr

