

NAVAL MEDICAL CENTER SAN DIEGO

# 5K RUN WALK

THURSDAY  
MARCH 27  
11 AM

CHECK-IN AT  
10:30 AM

FREE

MWR T-SHIRT AWARDED  
TO RACE FINISHERS  
WHILE SUPPLIES LAST

N M C S D  
B L D . 12  
ATHLETICS  
COMPLEX

SPRING INTO ACTION

SCAN TO REGISTER!



**SPRING IS HERE** AND IT'S TIME  
TO SHAKE OFF THOSE WINTER BLUES! GET MOVING, ENJOY  
THE FRESH AIR AND MAKE UNFORGETTABLE MEMORIES!  
OPEN TO ALL MWR ELIGIBLE PATRONS AND FAMILY MEMBERS. FOR MORE INFO, CALL 619-532-7260.



MEDCENTER.NAVYLIFESW.COM