



# HPO

## DISCOUNTED MENU

FUEL YOUR BODY • IMPROVE READINESS • PERFORM BETTER



### PROTEIN BREAKFAST BOWL

Potatoes, Whole Eggs, Turkey Bacon, Mixed Fruit, Natural Peanut Butter

**\$10.50**

HPO MEMBER PRICING **\$7.50**

CARBS: 41g

PROTEIN: 45g

FAT: 40g

CALORIES: 703



### GARLIC HERB CHICKEN BOWL

Chicken Breast, Olive Oil, Cauliflower Florets, Butter, Parmesan, Green Beans, Garlic Powder, Paprika, Thyme, Salt, Pepper

**\$13.00**

HPO MEMBER PRICING **\$9.50**

CARBS: 24g / 40g W/ SAUCE

PROTEIN: 42g

FAT: 19g

CALORIES: 435 / 505 W/ SAUCE



### STEAK, RICE & Sweet Potato Bowl

Thin-Sliced Beef, Jasmine Rice, Roasted Sweet Potato, Bell Peppers, Olive Oil, Butter

**\$14.00**

HPO MEMBER PRICING **\$10.00**

CARBS: 92g / 108g W/ SAUCE

PROTEIN: 52g

FAT: 26g

CALORIES: 810 / 880 W/ SAUCE



PERFORMANCE FUEL



— ONLY AT —

# Pier 13 Welldeck