

NAVAL MEDICAL CENTER SAN DIEGO

BALBOA LIBERTY

MAR 2025

REGISTRATION REQUIRED FOR ALL EVENTS. FULL EVENT LISTING AVAILABLE ONLINE [HTTP://NAVYLIFESW.COM/NMCSDLIBERTY](http://NAVYLIFESW.COM/NMCSDLIBERTY)
RECREATION CENTER AT NMCS D | BLDG. 26, FLOOR 1B | 619-532-8909 | FOLLOW US ON INSTAGRAM @nbsd_mwrliberty



LIBERTY MISSION TRAILS 5-PEAK CHALLENGE SERIES

LIBERTY MISSION TRAILS 5-PEAK CHALLENGE SERIES

EVERY SATURDAY OF MARCH
7:30 AM | FREE

San Diego's trails are calling—will you answer? We challenge you to finish all 5 peaks by taking a selfie at the top of each trail. You will receive a certificate of completion by us and an awesome gift for your hard work! We will leave Bldg. 26 Floor 1B loading docks at 7 am.

CROCHET TUTORIAL

WEDNESDAY, MARCH 5 | 4 PM | FREE

Grab your hooks, pick your favorite yarn and let's get stitching! Learn how to create your own beanie baby. Whether you're looking for a new hobby or just want to learn something fun, this easy and quick tutorial is perfect for you. No experience necessary.

SHAKE & STIR

MONDAY, MARCH 17 | 11 AM | FREE

Go green, sip clean! Refresh your routine with vibrant, non-alcoholic mixed drinks. All ingredients will be provided. Choose from one of the drinks to make or learn both recipes.

BASKETBALL BRACKET DREAM TEAM

STARTS MARCH 17-ENDS APRIL 7
WINNER ANNOUNCED APRIL 9

Calling all Basketball aficionados! Stop by the Liberty Center and submit your March Madness teams. Prizes will be awarded to the top 3 entries from our judges. Register at our front desk during the entry period.

ARCHERY LESSON FOR BEGINNERS

SATURDAY, MARCH 22 | 2:30 PM | \$20 +CC FEES
SUNDAY, MARCH 30 | 10 AM | \$20 +CC FEES

Ready, aim, learn! Ever want to try archery? Now's your chance! We're excited to offer a beginner archery lesson that includes archery techniques, safety tips, equipment training as well as hands-on practice with an expert instructor. This lesson is perfect for anyone looking to learn the basics in a fun and supportive environment.

RECURRING EVENTS

D&D / TABLE-TOP GAMES

EVERY WEDNESDAY | 4 PM | FREE
LIBERTY CENTER BLDG. 26, FLOOR 1B
(MULTI-PURPOSE ROOM)

Calling all gamers! Dive into a world of tabletop excitement with fellow enthusiasts like yourself. All levels are welcome! If you are looking to DM/GM games, stop by the front desk and inquire with our front desk staff. Looking to host other games like TCG or RPGs? Let us know!

KARAOKE SESH

EVERY OTHER THURSDAY
MARCH 6 & 20 | 4:30 PM | FREE

Let it go and sing your heart out! Stop in and sing along to your favorite tunes. No experience is necessary, be sure to look up your songs before the session to keep it a seamless experience.

LOVE ON A LEASH

TUESDAY, MARCH 11 | 11 AM | FREE

Come get your therapeutic time with some therapy dogs! The great team of Love on a Leash brings volunteers to bring their well-trained dogs inside the Liberty Center for you to pet and interact with.



SHAKE & STIR



ARCHERY LESSON FOR BEGINNERS

SAVE THE DATE



HOURS OF OPERATION: MONDAY-FRIDAY: 8 AM-1 PM (ALL HANDS) | MONDAY-FRIDAY: 1-7 PM (JUNIOR ENLISTED AND GUEST 18+)
WEEKENDS AND HOLIDAYS: 10 AM-6 PM (JUNIOR ENLISTED AND GUEST 18+)

Liberty Centers and trips are open to single enlisted Sailors, unaccompanied Service Members and one accompanied guest, 18 years+. In order to proceed, trips must have at least 8 patrons signed up and paid. All events are subject to change or cancellation. All prices quoted are for active duty only, unless otherwise noted. Call for guest prices.

PLEASE VISIT THE BALBOA RECREATION CENTER TO REGISTER FOR EVENTS. The Department of the Navy does not endorse any company, sponsor, or their products or services.