

Permanent Change of Station (PCS) moves are challenging. This "Hot Sheet" lists resources that can help!



NEED TEMPORARY LODGING? Navy Lodge: 800-NAVY-INN

Navy Getaway Inns & Suites: 877-NAVY-BED DOD Lodging (all branches) www.dodlodging.net

NEED HOUSING INFORMATION?

Bring a copy of upper Page 2 & Orders to the Housing Welcome Center, NBSD Bldg 3544 or call 619-556-8443. Complete your application online: www.livelmh.com/installations/sd-naval-complex

UNACCOMPANIED HOUSING: Please see below*

LIBERTY MILITARY HOUSING: 619-556-7667

NEED CHILDCARE?

www.militarychildcare.com

LOOKING FOR SCHOOLS?

Visit www.greatschools.org for information or contact your School Liaison Officer: www.sandiego.navylifesw.com/fleet-family/childyouth-programs/school-liaison

MOVING ENTITLEMENTS:

For current allowances, visit www.defensetravel. dod.mil or call your nearest PSD. Hot Tip: Ask your command/PSD about DLA and TLE.

New to San Diego?

FLEET AND FAMILY SUPPORT CENTER (FFSC)

Your one stop shop! FFSC serves every member of the military and their families. Services include FREE Welcome Aboard Packages, referrals, workshops, career support, financial management, deployment support, EFMP support, volunteer options, counseling, and more. FSSC offers "Lending Lockers" at our three on-base locations with basic kitchen items for loan.

PERSONAL PROPERTY:

Questions about storage or shipping household goods? Call 855-HHG-MOVE(855-444-6683). You may also email: householdgoods@navy.mil. For more information, visit, www.navsup.navy.mil/NAVSUPhousehold-goods/home

DEERS:

Call 800-538-9552 or visit https://milconnect.dmdc.osd.mil/milconnect

TRICARE:

1-844-866-9378 or www.tricare-west.com

UNITED CONCORDIA COMPANIES, INC. (DENTAL): 1-844-653-4061 or www.uccitdp.com

NAVAL LEGAL SERVICES:

619-556-0049 or https://jag.navy.mil/legal-services/southwest

HELPING RESOURCES:

211: 24/7 referrals to community resources in southern CA, including childcare! Call 2-1-1 from a land line, 858-300-1211 from a cell, or visit www.211sandiego.org

NAVY MARINE CORPS RELIEF SOCIETY (NMCRS):

Call to set up an appointment for a budget evaluation before you choose a place to live to help you choose housing you can afford. See www.nmcrs.org for more information and locations.

MILITARY ONE SOURCE:

Free community and relocation information, 24 hours/ day. Call 800-342-9647 or see articles at www.militaryonesource.mil

DEPARTMENT OF MOTOR VEHICLES: Phone: 800-777-0133 www.dmv.ca.gov/portal/dmv

PETS & TRAVEL Hotels accepting pets www.petswelcome.com

FAA PET TRAVEL REQUIREMENTS https://www.faa.gov/travelers/fly_pets/

MILITARY VETERINARIAN OFFICE, MCAS MIRAMAR: 858-577-6552

EXCEPTIONAL FAMILY MEMBER PROGRAM, SAN DIEGO: 1-866-923-6478

https://sandiego.navylifesw.com/ffsc

FAMILY CARE PLAN:

Remember to update as applicable. Fleet & Family Support Center can help.

Transferring Resources

MILITARY INSTALLATIONS (MI) BOOKLET: A great tool for relocation military families to research

their new base! Although information may not be available for all locations, it is available for most major installations. Follow the steps below to access the website and your new installation's downloadable booklet.

- Open your web browser and go to www.militaryinstallations.dod.mil
- . Click "View directory of installations" underneath the blue bar that reads "Looking for a particular installation or state?"
- A new window opens. Choose your branch of service and select base from list.
- Name of installation should appear in box under "Enter an installation." Click "Go"
- To print booklet, choose "Installation Booklet" as last option on left side of screen.
- Select which categories you want included in booklet
- Choose "Download installation booklet" and it will open in Adobe Reader.

MILITARY INSTALLATIONS (MI) PLAN MY MOVE

A great tool to utilize as you cunt down to moving day! Open your web browser and go to www.militaryinstallations.dod.mil

- Click "Plan My Move" on bottom right side of screen.
- Scroll down to "Plan My Move" and enter your location and destination information and click "Go"
- A customizable calendar will be created for you.

OMBUDSMAN

The Ombudsman is the official command liaison between the family members and the command. Your Ombudsman's contact information may be listed in your orders, if not you can call you destination FFSC or go to www. ombudsmanregistry.org to locate them. Be sure to ask vou Ombudsman about childcare information. housing and other area resources.

PERSONAL PROPERTY OFFICE (PPO)

Phone: 855-HHG-MOVE (955-444-6683) Email: householdgoods@navy.mil Application: www.move.mil

PACIFIC BEACON-PRIVATIZED UNACCOMPANIED HOUSING, NAVAL BASE SAN DIEGO 619-231-3400

UNACCOMPANIED HOUSING INFORMATION* https://sandiego.navylifesw.com/ housing/unacompanied-housing

- ► NAVAL AMPHIBIOUS BASE CORONADO Phone: 619-437-3494 DSN: 577-3494
- NAVAL BASE POINT LOMA, MAIN BASE Phone: 619-553-7530 DSN: 553-7530
- NAVAL AIR STATION NORTH ISLAND Phone: 619-545-7545 DSN: 735-7545
- NAVAL BASE SAN DIEGO Phone: 619-556-1077 DSN: 526-1077
- NAVAL BASE POINT LOMA, HARBOR DRIVE ANNEX Phone: 619-524-1597 DSN: 524-1597
- ► NAVAL MEDICAL CENTER SAN DIEGO Bldg. 26 Phone: 619-532-6282 DSN: 526-6282

