

COMMUNITY REFERRALS

Alcoholics Anonymous	(619) 265-8762
American Red Cross (Programs)	(858) 309-1200
Armed Services YMCA Outreach	(858) 751-5755
Better Business Bureau	(858) 637-6199
CA Dept of Consumer Affairs	(800) 952-5210
CA Bar Lawyer Referral Services	(619) 231-8585
Child Support Services (San Diego)	(866) 901-3212
Consumer Credit Counselors	(800) 769-3571
McAlister Institute Sobering Services Center	(619) 294-5760
Internal Revenue Service (IRS)	(800) 829-1040
Legal Aid Society	(877) 534-2524
Military One Source	
www.militaryonesource.mil	(800) 342-9647
Military Outreach Ministries	(619) 461-4164
MWR Tickets (Naval Base San Diego)	(619) 556-2174
Nar-Anon Family & Friend Group	(800) 477-6291
Narcotics Anonymous	(619) 584-1010
Operation Homefront	(858) 242-4995
SD Community Colleges	(619) 388-6500
SD Youth Services	(619) 221-8600
Substance Abuse Rehab (SARP Clinic)	(619) 553-0084
Support the Enlisted Project (STEP)	(858) 695-6810
United Services Organization (USO)	(619) 235-6503
VA Medical Center	(858) 552-8585
Veterans Administration - Benefits	(800) 827-1000
WIC/ American Red Cross	(800) 500-6411
YWCA & Becky's House	(619) 239-0355

Community, Health, Disaster Services & Information
In Southern CA - call 2-1-1 or visit www.211SanDiego.org

FLEET & FAMILY SUPPORT, SAN DIEGO

Naval Base San Diego (NBSD)	(619) 556-7404
Naval Base Coronado (NBC)	(619) 545-6071
Naval Base Point Loma (NBPL)	(619) 553-7505
Bayview Hills (BVH)	(619) 267-1720
Gateway Village (GVB)	(619) 222-5548
Kearny Mesa	(619) 987-9449
Village at Serra Mesa (VSM)	(858) 505-1369

MARINE CORPS COMMUNITY SERVICES

Marine Corps Recruit Depot	(619) 524-5732
MCAS Miramar	(858) 307-1129
Camp Pendleton	(760) 725-3400

BASE INFORMATION

Naval Base San Diego	(619) 556-1011
Naval Base Coronado	(619) 545-1011
Naval Base Point Loma	(619) 553-1011
MCAS Miramar	(858) 307-1011

BASE DUTY OFFICERS

Naval Base San Diego	(619) 247-8897
Naval Base Coronado	(619) 778-4862
Naval Base Point Loma	(858) 431-6482



<https://sandiego.navylifefsw.com/fleet-family-support-center>

**CENTRALIZED SCHEDULING
APPOINTMENT CENTER
1 (866) 923-6478**

**QUICK
ACCESS
DIRECTORY**

Did You Know FFSC Offers:

**Counseling Services
Deployment Support
Exceptional Family Member Support
Family Employment Readiness
Information & Referral
Life Skills Workshops
Ombudsman Support
Parenting & Family Workshops
Personal Financial Management
Relocation Assistance
Sexual Assault Prevention & Response
Family Advocacy & Prevention Education
Transition Assistance**

HOTLINES

2-1-1 from cell/211 from land line(858) 300-1211
Access + (24-Hour Crisis Line)(800) 479-3339
Adult Abuse (Aging & Indep. Svcs)(800) 510-2020
American Red Cross (Emergency Message) (877) 272-7337
Child Abuse Hotline(858) 560-2191
Crime Victim-Witness Assistance(619) 531-4041
Domestic Violence Crisis Line (YWCA)(619) 234-3164
Youth & Family Services (YMCA) (858) 292-9622
Family Advocacy Program (Navy)(619) 556-8809
Fleet & Family Counseling(619) 556-8809
Fire-Ambulance-Police-Sheriff 911
Missing Children Hotline(800) 843-5678
NMCS Emergency Room(619) 532-8274
Poison Information Center(800) 876-4766
Sexual Assault 24 Hour Crisis Line (Navy) . .(877) 995-5247
Social Advocates for Youth (SAY)(858) 565-4148
Storefront (Home for Runaways)(619) 325-3527
Women's Resources (Oceanside)(760) 757-3500

MILITARY EXCHANGES

Imperial Beach(619) 424-2911
Marine Corps Recruit Depot(619) 297-2500
MCAS Miramar(858) 695-7288
Naval Base Coronado (NAB)(619) 522-7400
Naval Base Coronado (NASNI)(619) 522-7222
Naval Base San Diego(619) 544-2100
Naval Base Point Loma(619) 523-1214

MILITARY RESOURCES & ASSISTANCE

Military Childcare(855) 696-2934
CREDO NRSW(619) 705-5296
DEERS Enrollment Center (DMDC)(800) 538-9552
DFAS & Military Pay Center(888) 332-7411
Fleet & Family Counseling Services(619) 556-8809
Healthy Start MFRC(858) 496-0044
Housing(619) 556-8443
Miramar Youth Center(858) 307-4136
Region Legal Services Office (NBSD)(619) 556-2211
Naval Medical Center (Quarterdeck)(619) 532-6400
New Parent Support(619) 556-8809
New Parent Support (MCCS)(858) 307-9812
Personal Property (Household Goods)(855) 444-6683
Retired Activities Office(619) 556-8987
Retirement Pay Assistance(800) 321-1080
School Liaison Officer (SLO)(619) 705-5909
TRICARE Western Region(844) 866-9378
TRICARE Dental Program(844) 653-4061

NAVY-MARINE CORPS RELIEF SOCIETY

Naval Base San Diego(619) 767-6800
Naval Base Coronado(619) 545-4477
MCRD(619) 524-5734
MCAS(858) 307-1807

LODGING

Navy Lodge Reservations(800) 628-9466
Gateway Inns & Suites(877) 628-9233

ID CARD LAB

Naval Base Coronado (NASNI)(619) 545-5046
Naval Base San Diego(619) 556-9248
Naval Medical Center San Diego(619) 532-6557

PERSONNEL SUPPORT DETACHMENTS (PSD)

Afloat(619) 556-0654

COMMISSARIES

Naval Base San Diego(619) 556-8657
Naval Base Coronado (NASNI)(619) 545-6566
Imperial Beach(619) 437-9478
MCAS Miramar(858) 307-4516

Transaction Service Center (TSC)

Naval Base San Diego(619) 556-1997
Naval Base Coronado (NASNI)(619) 545-7931

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